

Be trustworthy

Listen carefully

Be honest but kind

No teasing

# "Growing Up"

Understand how the friend might be feeling

Be supportive

Are understanding

No rude jokes

Co-operate with each other

The 5 aspects of my nature are:

**S** .....

**P** .....

**I** .....

**S** .....

**E** .....

The sort of person I want to be:

Morning prayer

Evening prayer



Hobbies that help me grow into being a whole person



Qualities I want to develop



Allow privacy

Act with maturity

Are loyal

No name-calling

Don't hurt their feelings

Don't be mean